



Assembly Guide

**R2200 & R2200HRT
SEMI-RECUMBENT FITNESS CYCLES**



R 2 2 0 0**R 2 2 0 0 H R T**

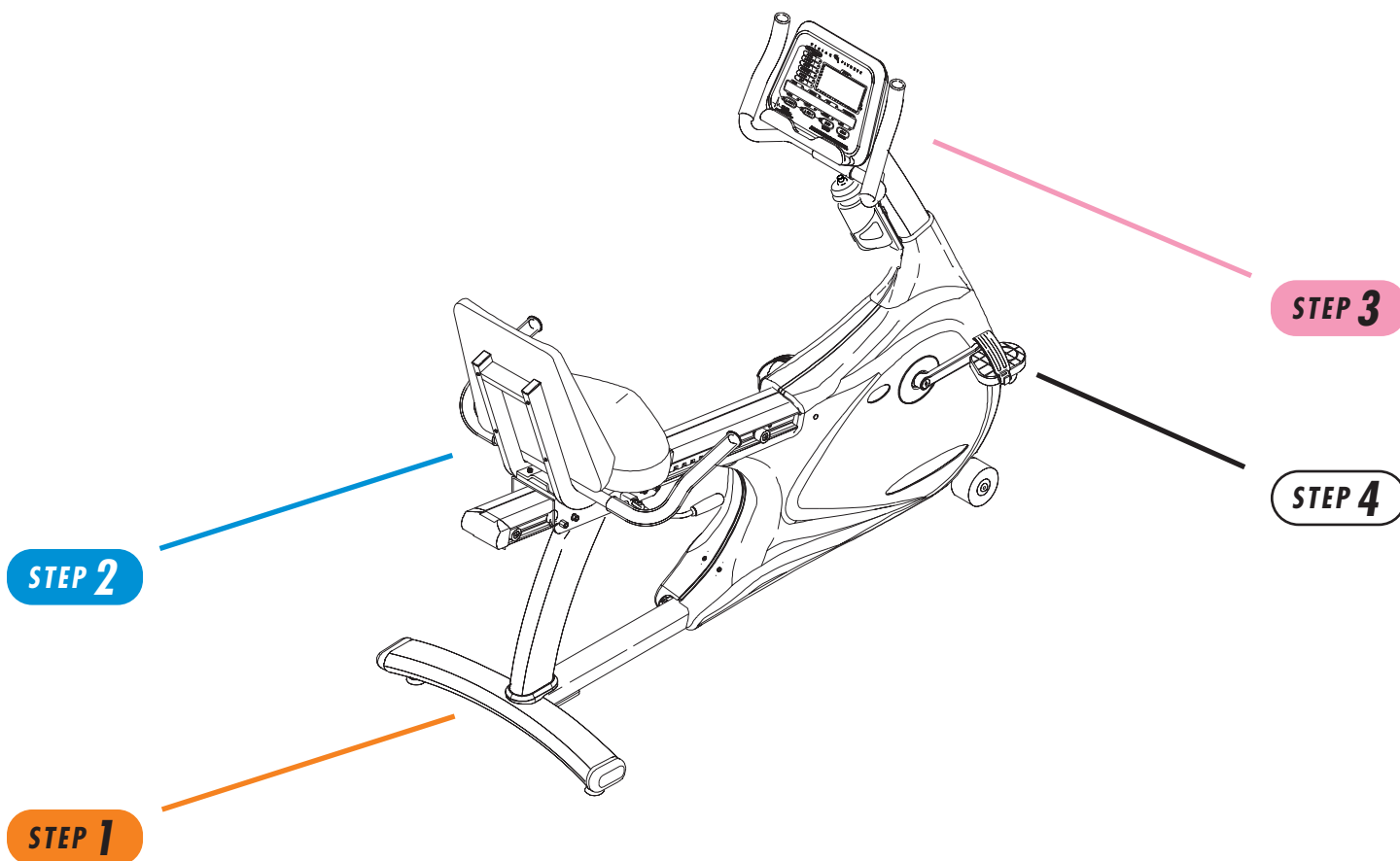
semi-recumbent fitness cycles

To avoid possible damage to this Fitness Cycle, please follow these assembly steps in the correct order. Before proceeding though, find your new Fitness Cycle's serial number, located below the power switch, and enter here:

Refer to this number when calling for service, and also enter this serial number on your Warranty Card and in your own records. Be sure to read your Owner's Guide before using your new Fitness Cycle.

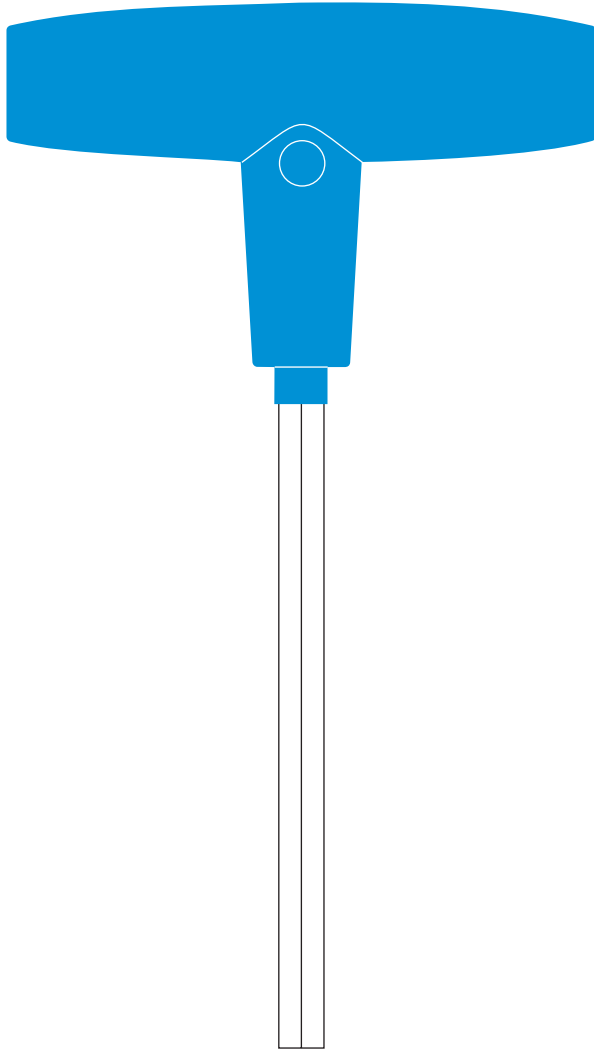
If any parts, hardware or tools are missing, please call 1.800.335.4348, Extension 12

NOTE: It is recommended that you apply grease to the threads of each bolt as you assemble your Fitness Cycle, to prevent loosening and noise. Also, during each assembly step, ensure that ALL nuts and bolts are in place and partially threaded in before completely tightening any ONE bolt.

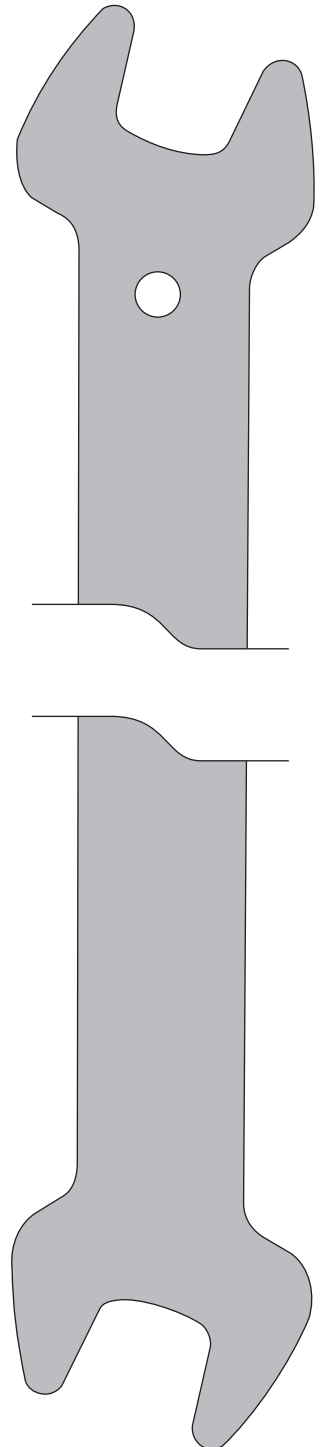


TOOLS & PARTS INCLUDED

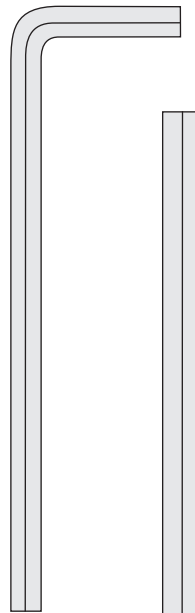
5^{mm} Allen Wrench



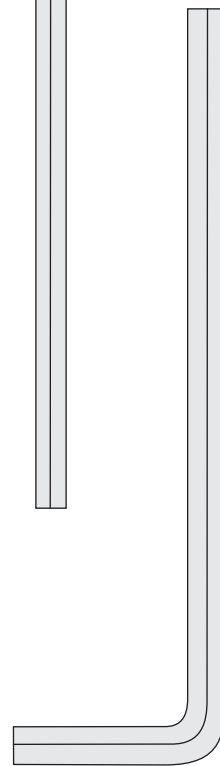
15^{mm} Pedal Wrench



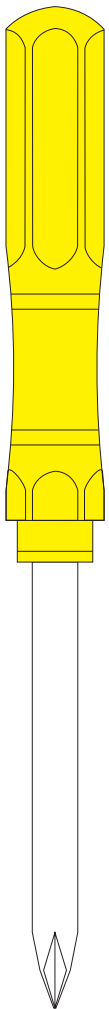
4^{mm} L-Shaped Wrench



5^{mm} L-Shaped Wrench



Screwdriver

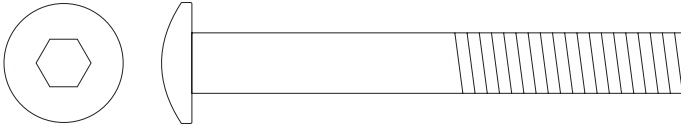


PARTS BOX

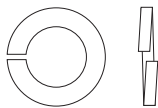
Console Mast Cover, Qty: 1
Pedals, Qty: 2
Power Supply, Qty: 1
Water Bottle & Cage, Qty: 1
Heart Rate Chest Strap (R2200HRT only)
Color-coded Hardware Bags
Owner's Guide
Assembly Guide
Warranty Card

HARDWARE INCLUDED

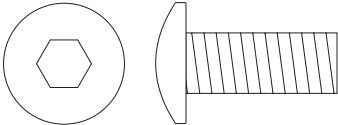
ORANGE BAG



M8 x 65L Screws
Quantity: 2



M8 Lockwashers
Quantity: 4

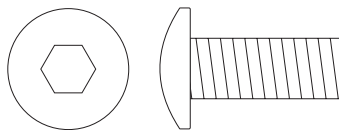


M8 x 20L Screws
Quantity: 2

BLUE BAG



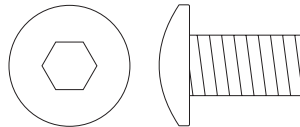
M6 x 55L Screws
Quantity: 8



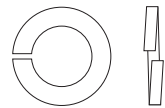
M8 x 20L Screws
Quantity: 4



M6 Lockwashers
Quantity: 8

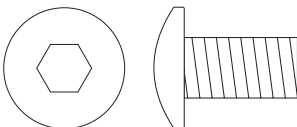


M8 x 15L Screws
Quantity: 4

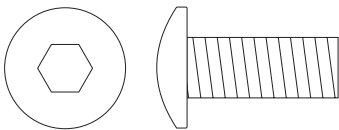


M8 Lockwashers
Quantity: 4

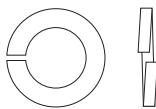
PINK BAG



M8 x 15L Screws
Quantity: 5



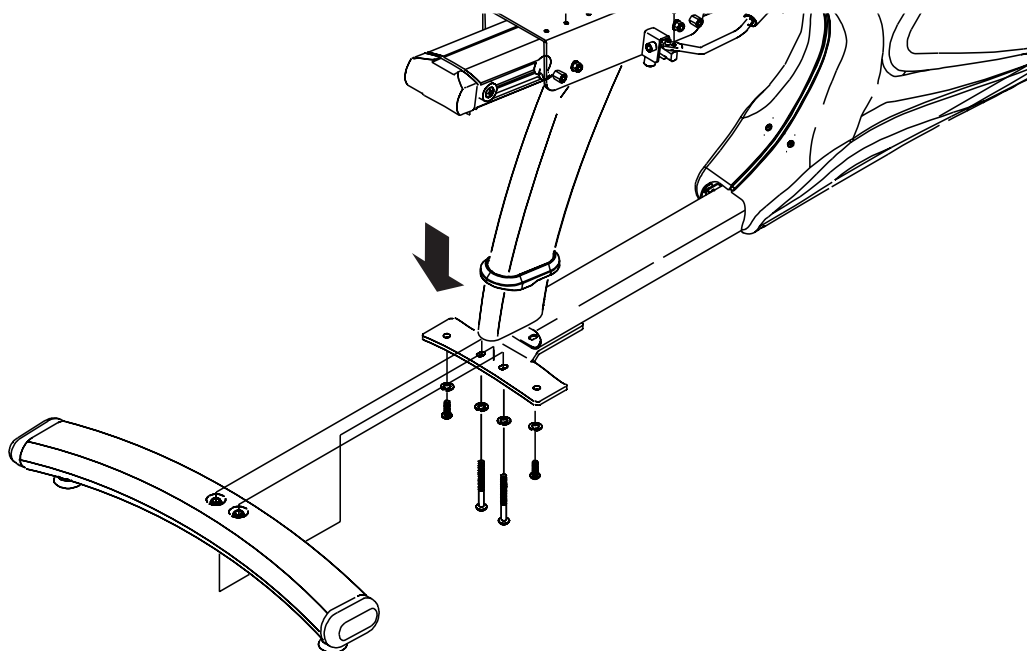
M8 x 20L Screws
Quantity: 2



M8 Lockwashers
Quantity: 6

STEP 1**ORANGE BAG**

- Slide the rear foot in place and attach two screws (M8 x 20L), two screws (M8 x 65L), and four lock washers (M8), using the blue-handled 5^{MM} Allen wrench.
- Slide the rubber sleeve to the proper position at the bottom of the joint.

STEP 1

STEP 2

BLUE BAG

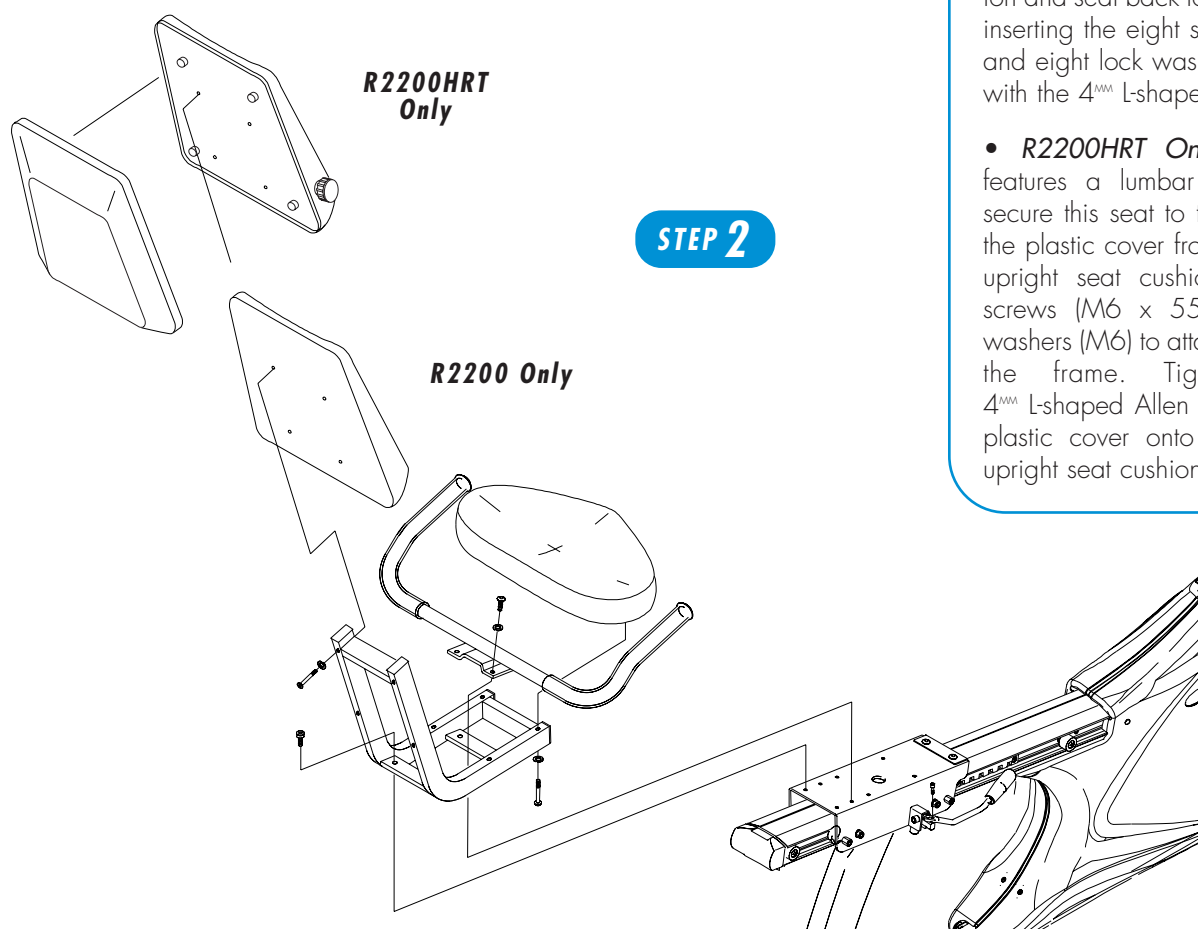
- Place the seat bracket on the seat frame. With the 6^{mm} Allen wrench secure the seat bracket with the four screws (M8 x 20L).

- Loosen and take out the screw on the seat lever with the 4^{mm} Allen wrench. Turn the seat lever so the screw holes line-up and reinstall the screw with the 4^{mm} L-shaped Allen wrench to secure the seat lever.

- Place the seat handlebar into the proper position on the seat frame. With the 5^{mm} Allen wrench secure the seat handle bar with four screws (M8 x 15L) and four lock washers (M8).

- **R2200 Only:** Secure the seat cushion and seat back to the seat frame by inserting the eight screws (M6 x 55L) and eight lock washers (M6). Tighten with the 4^{mm} L-shaped Allen wrench.

- **R2200HRT Only:** This product features a lumbar control seat. To secure this seat to the frame, remove the plastic cover from the back of the upright seat cushion. Use the four screws (M6 x 55L) and four lock washers (M6) to attach the cushions to the frame. Tighten with the 4^{mm} L-shaped Allen wrench. Snap the plastic cover onto the back of the upright seat cushion.



STEP 3

PINK BAG

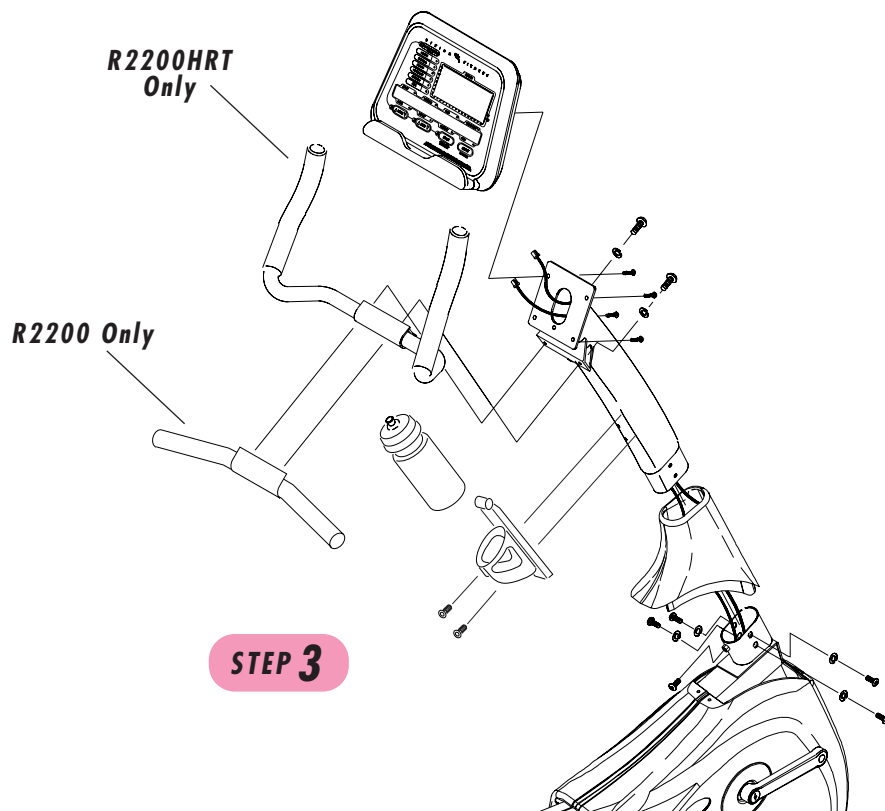
- Slide the console mast cover over the console mast. Guide the console cable up through the bottom of the console mast with the attached wire.

- Slide the console mast into the console mast mounting bracket and use the 5^{mm} Allen wrench to secure the five screws (M8x15L) and lock washers (M8). **Note:** The screw facing the seat does not use a lock washer. Tighten this screw only until snug.

- Slide the console mast cover to the proper position. Attach the front handlebar to the console mast. Use the 5^{mm} Allen wrench to tighten the two screws (M8x20L) and lock washers (M8) to secure the handlebar.

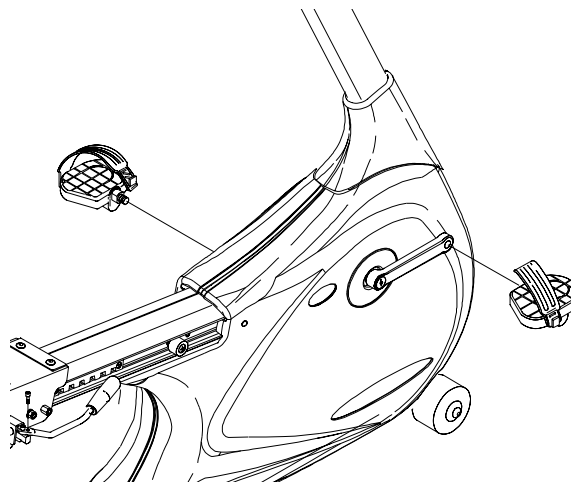
- Take out the four screws (M5x12L) from the back of the console with the Phillips screwdriver. To attach the console, plug in the console cable to the proper position in the back of the console. Reinsert the four screws (M5x12L) with the Phillips screwdriver to secure to the console mast.

- Use the Phillips screwdriver to attach the water bottle cage to the console mast with the two included screws (M5x15L). Insert the water bottle.



STEP 4**PEDALS**

- Attach the left and right pedals to the left and right crank arms, tighten using the 15^{mm} pedal wrench.

STEP 4**VISION  FITNESS**

500 South CP Avenue • P.O. Box 280 • Lake Mills, WI 53551
toll free 1.800.335.4348 • phone 1.920.648.4090 • fax 1.920.648.3373
www.visionfitness.com

©2001 Vision Fitness. All Rights Reserved. 8.01 Part #Z22RB43-AG1813PRD
AG18.13PRD
REV3